

May  
June  
July  
2024



## *Pastor's Note: Psalms Mirror Our Emotions*

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Dear Friends,  
John Calvin called the Book of Psalms “an anatomy of all parts of the soul,” writing, “There is not an emotion of which anyone can be conscious that is not here represented as in a mirror. Or, rather, the Holy Spirit has here drawn to the life of all the griefs, sorrows, fears, doubts, hopes, cares, perplexities; in short, all the distracting emotions with which the minds of people are wont to be agitated.”

All these emotions are expressed in various types of psalms including:

- **Lament psalms**, expressing personal or communal suffering
- **Thanksgiving psalms**, expressing gratitude and praise to God for God's provision
- **Royal psalms**, focusing on God's blessings that flow from God's sovereignty in our lives
- **Wisdom psalms**, extolling the choice between what is wise and what is foolish

- **Pilgrimage psalms**, the songs of ascent sung by pilgrims as they approached the throne of grace
- **Imprecatory psalms**, containing prayers for God's judgment upon our enemies
- **Psalms of praise**, sung in worship
- **And, penitential psalms**, expressing

contrition and seeking God's forgiveness.  
This summer's worship series is “Psalms: Echoes of the Soul.” Please join us as we take a closer look in the mirror to see how God is present with us in the deepest places of our hearts.  
*Yours for the journey,*  
Nancy



## *ARISE Gets 'Back to Basics' With New Series*



*Families gather for ARISE on a recent Sunday morning. All are welcome at the 8:30 a.m. informal worship service.*

CHPC's new Sunday morning worship offering, ARISE: A Family Service, enters its third month of gathering.

A consistent group of families, young adults, and children participated in creative worship experiences with contemporary and contemplative elements, joining the congregation's Lenten series on the covenants.

Now, a new series kicks off for the season of Easter. In "Back to Basics," ARISE

families will sort through the cluttered garage of Christian tradition to find powerful beliefs and practices for our contemporary lives, exploring key doctrines through the prayer Jesus taught us.

Join us as at 8:30 a.m. on Sunday mornings as we make joyful noises, hear ancient stories, create and experiment, connect with new friends, and share life in a larger faith family. All are welcome to this informal, family-friendly service!

*~Pastor Stuart Seelman*

## *View Service Anytime, Anyplace With Livestream*



*The console used to run CHPC's weekly livestreamed service.*

Did you know that CHPC has a portable broadcast studio?

CHPC livestreams the main worship service every Sunday. The service is featured on our website, YouTube, and social media sites so people can watch from wherever they are at a time convenient to them.

All the worship bulletin contents, scripture readings, and hymn lyrics are displayed on screen. Four cameras are

positioned so viewers will feel like they are sitting with the congregation.

Stop by and say "hi" to our audio/visual volunteers. I direct the livestream, and Bud Swartz, Alice Crossland, and Monica Zazworsky operate the audio console.

Check out the livestream and let us know how we're doing!

*~Jeff Heiss, Chair  
Communications Commission*

### **Reminder!**

#### **Summer Worship Schedule Begins May 26:**

- ARISE 8:30 a.m. Service Goes on Summer Break
- 10:30 a.m. Worship Service Changes to 9:30 a.m.

## *P&M Commission Provides Updates on Building*

The mission of the Property and Maintenance Commission is to improve and maintain our facilities to enable our congregation and community to worship, learn, and serve. After successfully resolving the frequent groundwater flooding in our basement and installing LEDs throughout the Sanctuary and Gathering Place, P&M turned its attention to our aging HVAC system to provide a more energy- and cost-efficient building.

Phase I of a multiyear project was completed in April, allowing all future work to be performed at a lower cost due to the ability to isolate sections of our system for repair work. In addition, an

inoperable pump and our aging temperature control system were replaced, and an obsolete attic unit was drained and vented (ensuring we would not experience a catastrophe should the unit leak into the Sanctuary below).

The ministry's focus extends to the building's exterior, managing the varying roofing materials that require ongoing care, and the grounds, which benefit from the attention of a professional landscaper as well as loving volunteer hands — more of which are always welcome — especially with the warmer months upon us which calls for periodic weeding in the Peace Garden and other landscaped areas. Anyone interested in helping out

(there's no set schedule or required commitment) should contact me at [carolhelsel15@gmail.com](mailto:carolhelsel15@gmail.com), or call Andrea Ebeling in the church office at (717) 737-0488. We also have occasional needs for those good with a paintbrush or light handywork (emphasis on light!).

The Property and Maintenance team typically meets monthly to prioritize and address building needs and concerns. All are welcome to join. Contact me if you're interested in attending the next meeting.

*~Carol Helsel, Chair  
Property & Maintenance  
Commission*

## *New Outdoor Signs Set for Late May Installation*

CHPC's new outdoor signs — one for the corner of 23rd and Walnut streets and the other for the Kathy Kuhn Education Wing — are scheduled to be installed on Thursday, May 23.

We received modified approval of our application for a zoning variance last fall, and our permit application was approved by Camp Hill Borough in February. Stoner Graphix began the manufacture of the signs soon thereafter and will be doing the installation, as noted.

*~Bill Stout*



*CHPC Member Dick Michaelian recently took this photo of our beautiful church, which has seen its HVAC system upgraded recently and now will be graced with new outdoor signage.*

## CHPC Continues Work on Social Justice Issues

*“Justice in Gender and Sexuality” was the topic when CHPC hosted “Courageous Conversations” in March. Here, the Rev. Adrian White addresses attendees.*



Too often, churches shy away from tough conversations and issues of importance for our common life.

Building on the congregation’s ongoing work around issues of social justice, this season the Adult Discipleship Team collaborated with other local congregations to put on “Courageous Conversations,” a monthly adult educational series on focus areas related to living out our Matthew 25 commitments.

On March 17, CHPC was blessed to invite the Rev. Adrian White (they/them), a Nashville-based pastor in the PC(USA) serving on the board of More Light Presbyterians, an LGBTQ+ advocacy organization in the church.

During Sunday worship, Pastor White preached as part of the Lenten series on covenants on the nature of Christian hospitality. Then, at 6:30 p.m., they gave a presentation on the

LGBTQ+ community, its relationship to the church, and how inclusion and affirmation can enliven the church’s practice of scriptural interpretation and embodied faith.

More than 70 participants from multiple congregations attended this impactful event. Participants dove deep into biblical study, shared conversation with new and familiar faces, and envisioned deeper forms of hospitality and connection.

Continue to join us for this ongoing series:

■ “Grief,” Sunday, May 19, 6:30 p.m., Monaghan Presbyterian Church, Dillsburg

■ “Environmental Justice: What Should the Church’s Role Be?” Sunday, June 9, 6:30 p.m., Silver Spring Presbyterian Church, Mechanicsburg

~Pastor Stuart Seelman

*Members of Messiah University’s “Thriving Together” cohort held a joint Good Friday service during Holy Week. Ministers from participating churches, including our own Pastor Nancy Conklin, led worship, at hosting congregation Macedonia Missionary Baptist Church, Harrisburg.*



## *Music, Art & Drama Series Adds May Concerts*

CHPC's Worship and Fine Arts Ministry invites you to two exciting music performances scheduled for May in our Sanctuary:

■ **The Cedar Cliff High School Sinfonietta, Sunday, May 5, 2 p.m.**

The Cedar Cliff Sinfonietta is a string ensemble from the West Shore School District under the direction of Morgan Hackett. The group is excited to present a collection of pieces by composers such as Bach, Mozart, Shostakovich, Vivaldi, and Saint-Saens. (The performance is also Morgan's graduation recital from Messiah University, where she's been pursuing a degree in orchestral conducting.)

Following this free performance, a reception will be held in Fellowship Hall.

■ **Kellen Mikesell, violin and piano, Saturday, May 25, 3 p.m.**

Kellen will present "Celebrating the Classics," a recital featuring the music of Bach, Sibelius, and Beethoven.

The talented son of Byron Mikesell, CHPC's organist/choirmaster, Kellen has performed during worship to the delight of the congregation. He is a student at the Eastman School of Music from the violin studio of Julianna Athayde, associate professor of violin and



*Kellen Mikesell, top, will play violin and piano classics during his May 25 recital in CHPC's Sanctuary. Also performing at CHPC during May is the Cedar Cliff Sinfonietta, above, a string ensemble from the West Shore School District led by Morgan Hackett.*

orchestral repertory and concertmaster of the Rochester Philharmonic Orchestra. His piano teacher, Matthew Figel, is a Doctor of Musical Arts degree candidate at the Eastman School of Music.

You won't want to miss either of these performances, featuring talented youth from our area.

*~Worship & Fine Arts Ministry*

## *AEDs Save Lives, Consider Training This Fall*



Each year, there are a significant numbers of deaths from sudden cardiac arrest. In the 1990s, the Federal Drug Administration approved AEDs (automated external defibrillators) for use by average citizens. As we know, such devices had been used in hospital settings and by paramedics for more than two decades. Following numerous clinical studies, AEDs were proven to be safe for use in the community.

Many states passed Good Samaritan Acts (including Pennsylvania) which remove liability from a person acting in good faith. The American

Red Cross now includes education for AED use in its basic CPR course.

The AED equipment analyzes the cardiac rhythm (the lack thereof) and then is primed to deliver the necessary shock. A person is two to three times more likely to survive cardiac arrest if a bystander applies an AED before EMS personnel arrive.

Currently, CHPC has one AED machine located in the hallway outside the sanctuary and office area. There are plans to obtain at least one more for the Kathy Kuhn Education Wing.

This fall, CHPC will be offering the opportunity to take part in CPR/AED training. Depending on the number of participants, a usual class time is two hours. There is not an age limit for adults to take the course. Each participant receives a Basic Life Support certificate, which includes AED instruction.

In August, please look for announcements about signing up for training. You could save a life!

*~Carol Staz*

## *Treasurer's Notes: Fiscal Year Ends June 30*



The current CHPC fiscal year ends June 30, so the financial report for the current fiscal year will be distributed in mid-July.

For the period July 1, 2023, through March 31, 2024, the first nine months of our current fiscal year, we had receipts totaling \$433,437.98 and expenses totaling \$483,950.11, with expenses exceeding receipts by \$50,512.13. Our member contributions for this period totaled \$333,714.19, which compares to \$307,899.43 in for the same nine-month period last year. Year-to-date expenses for the same

period last year were \$463,279.67, so expenses for the first nine months of the fiscal year have increased about \$20,000 over the same period last year.

The difference between total receipts and member contributions is because of various bequests, such as the quarterly Belle Nelson Trust distributions, which provide an essential source of income for CHPC. Have you thought about including CHPC in your will?

By now, you should have received your quarterly contribution statement for the nine-month period ending

March 31. Please check your statement for errors; contact me at [dwatts@mwn.com](mailto:dwatts@mwn.com) or (717) 503-6518 for any needed corrections. If you are behind in your giving, please try to catch up before our fiscal year ends on June 30.

You'll find an Estimate of Giving Card for 2024-2025 included with this newsletter mailing. Please return it as soon as you are able to help us prepare for next fiscal year's budget.

Thank you for your faithful stewardship in supporting CHPC during the past year.

*~David Watts, Treasurer*

## *Session Highlights: February, April Items Approved*

The Session met for regularly scheduled meetings on the fourth Monday of the month in February and April. The March meeting was cancelled, as it fell during Holy Week.

Among the actions taken during this time were the following:

- Session approved a motion from the Property and Maintenance Commission requesting CHPC contract with Ainsworth to complete three HVAC projects simultaneously at a cost of \$45,900, to be funded by a \$50,000 distribution from the Endowment Fund (approved by the Endowment Committee at its Jan. 18 meeting).
- Session approved two items from the CHPC Preschool — a proposal to install an awning on the side entrance of the Kuhn Education Wing, to be paid for with Preschool funds,

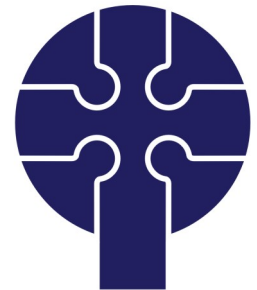
and the CHPC Preschool Calendar for the 2024-2025 school year.

- The Worship and Fine Arts Ministry requested Session approval to add two Music, Art & Drama events to the CHPC calendar: the Cedar Cliff High School Sinfonietta on Sunday, May 5, at 2 p.m. in the Sanctuary, and Kellen Mikesell, violinist, on Saturday afternoon, May 25, also in the Sanctuary).
- Session designated David Getz and David Watts as individuals authorized to make decisions relating to CHPC's Nationwide Securities LLC account.
- Session designated Beth Fine as Elder Commissioner representing CHPC at the special meeting of Carlisle Presbytery, held March 11 at Middle Spring Presbyterian Church, Shippensburg. The

Session also designated Beth Fine and Monica Zazworsky as Elder Commissioners representing CHPC at the Wednesday, May 1, meeting of Carlisle Presbytery, to be held at 6 p.m. at Dickinson Presbyterian Church, Carlisle.

- Session approved the call of the Annual Meeting of the CHPC Congregation on Sunday, June 23, at 10:30 a.m. (following the 9:30 a.m. worship service) in the Sanctuary.
- By consensus, Session set the date for a Session/Board of Deacons Retreat, to be held Sunday, July 14, after worship in Fellowship Hall. The focus of the meeting will be on CHPC's developing Evangelism Initiative.

*~Beth Fine, Clerk of Session*



## MEETING NOTICE

CHPC Annual Congregational Meeting  
Sunday, June 23, at 10:30 a.m. in the Sanctuary

*The Annual Report will be distributed electronically through  
CHPCConnections prior to the meeting.*

*Hard copies of the report will be available BY REQUEST.*

*Please contact the church office to request a printed copy of the Annual Report.*

## MATE Work Trip Team Heads Out July 20



CHPC is teaming up with Mechanicsburg Presbyterian Church this year for our trip to Mission at the Eastward (MATE) in western Maine. It's a great week of faith, service, friends, and fun.

Registrations were due April 30, however we still have room in the group. The "drop dead" deadline to register for the trip is Sunday, May 26.

Please contact me at [nflint.home@gmail.com](mailto:nflint.home@gmail.com) or (717) 576-1513 if you wish to join us.

Saturday, July 20, through Saturday, July 27, will be our week to send the CHPC/MPC work team to MATE. Our team will volunteer our time doing home repairs with the MATE Housing Ministry. We

encourage anyone age 14 or older to join with us on this intergenerational mission trip. Whatever your skill level (or lack thereof), there is something you can do to serve Christ by helping those in need during this very special week. Please join us for MATE 2024!

~Nancy Flint

## Mission at the Eastward Stock Now on Sale

Carry each other's burdens, and in this way you will fulfill the law of Christ.  
-Galatians 6:2

Mission at the Eastward is the summer work trip to Farmington, Maine, that CHPC has been participating in for decades. The mission of MATE is to "love our neighbors" through volunteer home repairs and youth outreach, creating lives of hope, security, and dignity in central-western Maine. In 2023, MATE completed 45 projects. More than 70 applications for home repairs have been received for MATE 2024.

Some of our church members will go on this year's mission trip, while others can't attend. But, all church members can support MATE with your prayers for safe travels, a week without injuries, and a job well done, as well as for the homeowners and families we serve.

Another way to continue your support of MATE is by

becoming a MATE sponsor. We cannot do this without your financial support. As the MATE Stock chairperson, I am asking for your help to continue this important mission ministry. The success of this ministry during these challenging times means more now than ever.

During the next two months, a MATE volunteer will be at the MATE stock table in the Gathering Place on Sunday mornings. Come see us to become a MATE sponsor.

Additionally, MATE sponsor cards can be found in each pew rack. Please fill out a card and return it with your donation; make checks payable to "CHPC," indicating on the memo line that your donation is for MATE. Bring it with you to church on Sunday or mail it to the church office. You also may make a direct donation to MATE through the CHPC

website, using the Online Giving section's "Donate Now!" button.

Another option for supporting MATE is through the purchase of Giant "Cash for Causes" gift cards. The church office has these cards for sale, with 5 percent of the face value going into the MATE fund. Please email [aebeling@thechpc.com](mailto:aebeling@thechpc.com) or call (717) 737-0488 to arrange a purchase.

In 2023, your financial support of MATE equaled more than \$14,000. I thank you for your past generosity. Let us see if we can reach that goal again.

Please contact me with any questions at [mfssail@comcast.net](mailto:mfssail@comcast.net) or (717) 645-0845.

~Ellen Smith



## Preschool Corner: Celebrating Kindness, Reading

The preschool has been buzzing! We have been enjoying spring and looking forward to all that summer has to offer.

We finished off April with our annual CHPC Preschool Art Show and raffle fundraiser. Our families had such a great time enjoying everyone's artwork. Our raffle fundraiser was a huge success! Thank you to everyone who donated items and/or bought tickets.

During the first week of May, we'll celebrate our teachers during Teacher Appreciation Week. Our theme is "Sunshine" — thank you, teachers, for filling our

school with sunshine and joy! Teachers will receive goodies from the preschool and the Preschool Parent Association, along with a special luncheon provided by some of our preschool families.

The students will spend their last weeks of school celebrating with their friends everything summer will bring. We have been hosting 15 caterpillars over the last couple of weeks, watching them go through their multiple stages. We are eagerly awaiting until they turn into butterflies so we can release them.

The preschool is planning a playground party on Tuesday,

May 14, at Winding Hill Park North. Teachers will have stations set up so our students can play games, make bubble wands, get their faces painted, participate in a freeze dance party, and get temporary tattoos. We will even have the Kona Ice Truck visiting us! We had so much fun doing this the past couple of years, that it has become quite the tradition.

On Wednesday, May 15, we will have our first-ever end-of-the-year program. Our music teacher, Tracy Fisher-Neely, has been



*Continued on Page 10...*



*Preschoolers have been making projects and learning to play their own handcrafted instruments as they prepare for spring events like the annual CHPC Preschool Art Show and an end-of-year music program.*

## Preschool Corner, *continued from Page 9*

*Playing games outside is a fun way for our preschoolers to enjoy a bit of nice spring weather.*



working with our students all year, and this will be a time for them to shine. It will be a show that creates great memories.

As we begin to wrap up the school year, we are looking forward to our summer programs:

### ■ **Thursday Playgroups**

We will have nine playgroups during June, July, and August. Families can pick and choose which days they will attend from 9:30 to 11 a.m. These playgroups give our students an opportunity to reconnect with friends, make new friendships, and hopefully ease the anxiety of being away from

home this fall when the new school year starts.

### ■ **Summer Blast Camps**

New this year is a Mini Blast Camp for First Steps students only, held on Mondays and Tuesdays from 9 to 11:30 a.m. We also are offering our Summer Blast Camp for our older friends (ages 3 to 5), Mondays through Wednesdays. All of these camps have summer themes and seem to be very popular. The plan was to open up our Summer Blast Camps to the public, but they are such a hit with our CHPCP families that we already are full!

### ■ **Rooted in Learning**

Two sessions during the summer will be hosted by CHPC's Hannah Harner.

### ■ **Camp Crayon**

Two sessions in August, each running Monday through Thursday, will get our friends ready for back-to-school time. A special "thank you" goes out to the teachers, CHPCP families, CHPC staff, and all the members of the church who helped us along the way this school year. We couldn't have done it without your support!

We hope everyone has a wonderful summer!

~Dana Tarnoci, Preschool Director

## *PW Extends Invitation to Attend Dorcas Circle*

This is your informal invitation to join other Presbyterian women in fellowship, food, thanksgiving, learning experiences, and joy!

At 10 a.m. on the second Thursday of each month, Dorcas Circle meets in the Quilters & Crafters Room, directly behind Fellowship Hall. (We do not meet in July or August, but we do have a luncheon in July at a local restaurant.)

During this time of being together with Christ at the center, we learn through Bible study, co-chaired by Dawn Murray and Ellen Hopkins. Learning continues through this experience of sharing and the discussions that follow.

We begin each meeting with coffee and dessert, followed

by a morning devotion, prayers of those in our number grieving, and prayers of healing, praise, and peace for the world, our communities, and those in peril and unrest. Baskets are circulated for donations, which are given in December to agreed-upon charities or missions. A vessel for the Least Coin is also passed, and this total amount is dedicated at the Presbyterian Women's Spring Gathering. This is used for mission outreach worldwide.

Next is committee reports, including those of the treasurer, the corresponding secretary, Church Women United, Church World Service, the Harrisburg Food Pantry, and Downtown Daily

Bread. Our group has dedicated women involved with all these charitable entities.

We then have a "PW Happenings" report, which keeps us up to date on events and our involvement in them.

The morning concludes with Bible study with Dawn or Ellen, and a closing prayer. Our next study's focus will be "Let Justice Roll Down."

If you have any questions regarding this invitation, feel free to contact me at [gail.mark@verizon.net](mailto:gail.mark@verizon.net).

Hope to see you at our next meeting, scheduled for Thursday, May 9, at 10 a.m.

~Gail Mark,  
PW Corresponding Secretary



## PRESBYTERIAN WOMEN SPRING GATHERING "GOD'S RAINBOW"

SUNDAY, MAY 19, NOON, FELLOWSHIP HALL, \$2 DONATION

All are invited to join us for a fun-filled and delicious afternoon of fellowship featuring:

- Luncheon
- Short business meeting
- Installation of PW officers
- Dedication of the Least Coin
- Guest speaker/artist Dick Michaelian painting a watercolor scene during the event

For more information, contact Lisa Love at (717) 856-4597 or Dawn Murray at (717) 737-5139

## VBS, Summer Block Party Scheduled for June



Summer is coming and that means one thing: It's time to pack your bags and apply sunscreen for Vacation Bible School!

This year, Camp Firelight VBS happens from 9 to 11:30 a.m. Monday, June 10, through Friday, June 14. There are limited spaces available for children in preschool and elementary-age groups between

3 and 11 years old (toilet training required). Register using the QR code link, or pick up a form at the church office. There's a suggested cost of \$25 per child and \$15 for additional children in one family.

Adults are always needed to help put on this impactful event, with many different roles available. Contact

Hannah Harner at [hannahharner@gmail.com](mailto:hannahharner@gmail.com) for more info.

To celebrate the arrival of summer, folks of all ages are also invited to our annual Block Party, with yard games and food trucks, at 5 p.m. Friday, June 14. See you there!

~Pastor Stuart Seelman



### Camp Hill

Presbyterian Church  
101 N. 23rd Street  
Camp Hill, PA 17011  
(717) 737-0488  
[www.camphillpres.org](http://www.camphillpres.org)

Pastor Nancy Conklin  
Associate Pastor Stuart Seelman  
Visitation Pastor Don Potter  
Organist/Choir Director  
Byron Mikesell  
Preschool Director Dana Tarnoci  
Office Manager Andrea Ebeling

Send "Camp Hill Press"  
submissions to  
[aebeling@thechpc.com](mailto:aebeling@thechpc.com).

### Other Dates to Remember in May, June, and July:

- Last Day of Preschool – Friday, May 17
- Session Meeting – Monday, May 20
- Office Closed for Memorial Day – Monday, May 27
- MATE Fundraising Potluck Brunch – Sunday, June 2
- Board of Deacons Meeting – Monday, June 17
- Session Meeting – Monday, June 24
- Office Closed for Independence Day – Thursday, July 4
- Deadline for August/September/October Camp Hill Press – Wednesday, July 31